

Module specification

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Refer to guidance notes for completion of each section of the specification.

Module code	CMP615
Module title	Application of Rehabilitation and Injury Management in Clinical Practice
Level	6
Credit value	40
Faculty	FSLS
Module Leader	Victoria O'Donnell
HECoS Code	100475
Cost Code	GACM

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (Hons) Rehabilitation and Injury Management	Core

Pre-requisites

None

Breakdown of module hours

Learning and teaching hours	50 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	200 hrs
Placement / work based learning	150 hrs
Guided independent study	200 hrs
Module duration (total hours)	400 hrs

For office use only	
Initial approval date	October 2018
With effect from date	October 2018
Date and details of revision	Revised May 2021 – AM2 temporary reduction of minimum placement hours to 70hrs for 2020-21 only due to Covid-19. Revised Sept 2021 – Revert back to pre-Covid placement hours
Version number	3

Module aims

1. To enhance the students' knowledge and understanding of the diverse clinical applications of Rehabilitation and Injury Management to the general public.
2. To enable students to gain the skills and individual qualities in preparation to register as independent, autonomous, and competent practitioners, to engage in life-long learning, and to develop a reflective approach to their practice.
3. Allow the students to critically analyse the e current legal, professional, ethical and safety issues that impact on their practice.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Demonstrate a critical understanding of the principle and practice of the evaluation process in clinical care management
2	Perform appropriate assessment for acute and chronic injury/dysfunction
3	Perform appropriate intervention for acute and chronic injury / dysfunction
4	Perform an evaluation of intervention for acute and chronic injury / dysfunction

Assessment

Indicative Assessment Tasks:

Assessment One:

A written case study: a critical analysis of assessment, intervention and evaluation

Assessment Two:

Practical demonstration of application to clinical reasoning in assessment, intervention and evaluation.

Assessment Three:

Students must achieve a minimum of 150 clinical hours at Level 6 to pass this element of assessment.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1,2,3,4	Written Assignment	50%
2	2,3,4	Practical	50%
3		Attendance	Pass (150 hours)

Derogations

Credits shall be awarded by an Assessment Board for this module when a mark of at least 40%, or a pass grade, has been achieved in all elements of assessment.

Learning and Teaching Strategies

The module will be delivered through a range of teaching strategies including formal lectures, student-led seminars, discussion, case study presentation, supervised clinical practice and directed study.

Indicative Syllabus Outline

Evidence based practice
 Critical analysis of case work
 Critique of research
 Reflective learning journals and Action learning
 Integration of anatomy, physiology, microbiology and pathology
 Neurological Mechanisms
 Myofascial Trigger points
 Musculoskeletal Assessment and Management Lower Limb
 Musculoskeletal Assessment and Management Upper Limb
 Musculoskeletal Assessment and Management Spine
 Movement analysis and dysfunction
 Clinical reasoning & integrated practice
 First Aid Qualification appropriate to a career in rehabilitation

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Atkins, E. & Kerr, J. (2015), A Practical Approach to Musculoskeletal Medicine: Assessment, Diagnosis, Treatment. Elsevier.

Brukner, P, Clarsen, B., Cook, J., Cools, A., Crossley, K., Hutchinson, M., McCrory, P., Bahr, R. and Kahn, K. (2016) Brukner & Kahn's Clinical Sports Medicine Vol 1, 5th Ed. McGraw-Hill Education

Other indicative reading

Bahr, R & Engebretson, L. (2009). Sports Injury Prevention (Olympic Handbook of Sports Medicine). Wiley-Blackwell.

Chaitow, L. (2003). Palpation & Assessment Skills - Assessment and diagnosis through touch (3rd ed, CD-ROM) Churchill Livingstone/Elsevier.

Lowe, W. (2009). Orthopaedic Massage: Theory and Technique (2nd Ed).

Soames, R. & Palastanga, N. (2011). Anatomy and Human Movement: Structure and function, 7th Ed. Elsevier

Prenton, S., Dugdill, L. & Hollingsworth, L. (2013) 'Reflection', in Porter, S (ed.) Tidy's Physiotherapy. Elsevier, pp. 67-81

Journals

British Journal of Sports Medicine

International Journal of Therapeutic Massage and Bodywork

Journal of Athletic Training

Journal of Bodywork and Movement Therapy

Journal of Strength & Conditioning Research

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes

Engaged
Enterprising
Creative
Ethical

Key Attitudes

Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets

Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication